



ULTRASOUND PROCEDURES

REQUIRED PATIENT PREP

Patients must follow required prep guidelines.
Studies cannot be performed without proper prep.

STUDY TYPE	REQUIRED PATIENT PREP
Echocardiogram	No Prep
Vascular <ul style="list-style-type: none"> • Arterial Duplex • Carotid • ABI • Multisegmental 	No Prep
<ul style="list-style-type: none"> • Venous insufficiency 	Patient should be well hydrated. Patient should drink 8-16oz of water 1 hour before exam. Do not wear support hose the day of the exam.
Thyroid	No Prep
Abdominal <ul style="list-style-type: none"> • Gallbladder • Pancreas • Spleen • Aorta and Iliac • Liver • AAA 	Nothing to eat or drink 6 hours before exam. Small sips of water may be taken for dry mouth. Patients should not smoke; chew gum, mints, or candy before the exam. At the discretion of the ordering physician It is recommended that the patient take GasX chewable tablets or liquid, 30 minutes before the exam. Diabetics should monitor their blood sugar accordingly.
Retroperitoneal <ul style="list-style-type: none"> • Renal • Renal Vascular 	Nothing to eat or drink 6 hours before exam. Small sips of water may be taken for dry mouth. Patients should not smoke; chew gum, mints, or candy before the exam. At the discretion of the ordering physician It is recommended that the patient take GasX chewable tablets or liquid, 30 minutes before the exam. Diabetics should monitor their blood sugar accordingly.
Pelvic	Absolutely no carbonated beverages the day of exam. Patient must drink a minimum of 24-32 oz. of water 1 hour before exam and may not use restroom after drinking. Patient needs to have full bladder at exam time.
Abdomen/Pelvic Combination	When abdomen/pelvic are scheduled on same day, nothing to eat or drink for 6 hours before exam <u>EXCEPT for 32 oz. of water 1 hour prior to scheduled appointment time. Patient needs to have full bladder at exam time.</u>